

**Town of Manchester Leisure, Family and Recreation**  
**Upcoming Programs & Events**  
**Weekly Report Updated: Friday, October 5, 2018**

## *Fall's Coming – Are You Ready?*

### **Recreation Division**

**39 Lodge Drive (main office), 860-647-3084**

#### **\*NEW\* Fall Registration & Passes**

**Program Registration:** Please note that fall program registration has begun! Registration can be done online, in person, or over the phone. Payment, when applicable, is due at the time of registration; online and phone registration can be processed using Visa or MasterCard. Our full fall program brochure will be available online in the next couple of weeks at [recreation.townofmanchester.org](http://recreation.townofmanchester.org) by clicking the Brochures link!

**Membership: The new membership year will be September 1, 2018 – August 31, 2019. If you currently have a 2017/2018 membership, be sure to bring your cards with you when renewing.** Membership cards can be obtained at the Center Springs Main Office, Community Y Rec Center and Customer Service at Town Hall. Senior cards can also be purchased at the Senior Center. Please note that youth cards are no longer processed at the libraries. Proof of residency is required each year when obtaining your card to verify current resident status. When getting a youth card, please be sure that the child is present as we still keep updated pictures in our system. Membership cards are valid at all of our rec centers, indoor and outdoor pools, as well as the Fitness Center at the Community Y Rec Center.

#### **Aquatics**

**Indoor Pool Season:** Indoor pools at MHS are officially open! Open Swim is available on Monday, Wednesday and Friday evenings as well as Saturdays. Check our full pool schedule by visiting [recreation.townofmanchester.org](http://recreation.townofmanchester.org) and clicking the Brochure link.

**Hiring Indoor Swim Lesson Instructors:** The Town of Manchester Recreation Division is currently accepting applications for American Red Cross certified Swim Lesson instructors for the indoor swim season. All applicants must be certified as an ARC Water Safety Instructor. Additionally, applicants should be certified in ARC Lifeguarding, CPR/AED and First Aid. Hours would begin in October. Duties include, but are not limited to: teaching swim lessons to infant through Level 6. Pay rates begin at \$13.00/hour. Applicants must submit an employment application via the Town of Manchester. Positions open until filled. This is a part time, hourly position with no benefits.

**Fall Swim Lessons:** Registration has begun and the first swim lessons started this week! Visit our website to review more detailed information on swimming lessons in our program and event catalog.

**Adult Swim Lessons:** Designed for the first time swimmer, or for those who have fear of the water. Classes are held on Saturday mornings at the Manchester High School Main Pool starting October 6<sup>th</sup>.

**Adult Aquatic Classes:** Register now for wonderful programs like Adult Lap Swim, Swim for Fitness, Total Aqua and Aqua Circuit! Be sure to visit our website, or check out our fall catalog, for more information.

#### **Adult Programming**

**Team Fit After Work:** This program provides participants with challenging, yet motivating, strength and cardiovascular conditioning sessions that include a variety of innovative exercises to improve your overall fitness. This program is designed for all fitness levels, customized to each individual. Team Fit After Work is held at Center Springs on Monday and Wednesday evenings.

**Walk 15:** Exciting, motivating music along with four basic steps make Walk 15 fun and suitable for all fitness levels! This program is available at both the Community Y Rec Center and Center Springs!

**Pickleball:** There's less ground to cover than other racket sports, making Pickleball easier for players of all ages! Players

say it's easier on the body, while still getting in a full workout. The indoor season will be held at the Bennet Leisure Center on Monday, Tuesday and Thursday evenings from 6:00 – 8:00pm and just began this week!

**Adult Fitness:** There are many other options for Adult Fitness classes at the Community Y Rec Center this fall! Register now for classes like Tapercize, Yoga for Active Lifestyles, Strength 4 Life, and more!

*See Aquatics for aquatic fitness, lap swim, swim lesson information, etc.*

### **Youth Programming**

**Jukido:** This co-ed course for youth ages 6 - 14 emphasizes safety and doing one's best. The principles of Karate, Judo and Aikido are introduced such that the techniques do not conflict. Classes are held on Friday evenings at the Community Y Recreation Center starting Friday, October 5th.

**Start Smart Soccer:** Parents work together with their children (ages 3 – 5) in a supportive environment to learn the basics of sport. Start Smart teaches children a variety of soccer skills including dribbling/kicking, trapping, shooting, passing and running/agility. This great program will be held on Saturday mornings at the Community Y Rec Center starting October 13<sup>th</sup>.

**Halloween Social:** Join us for our first social of the season at Bennet on Friday, October 26<sup>th</sup> from 6:30 – 8:30pm. Music by DJ Dale. Costume contests, games, prizes and more! Call the main office at 860-647-3084 to register; \$10.00pp which includes prizes and meal.

**Youth Basketball:** Basketball is available for Manchester youth ages 6 – 12. Mandatory evaluation clinics for ages 8+ will begin in November and play will begin for all ages in December and January. Visit our website, or check out our full fall catalog, for more detailed information.

**PeaceLove Creative WorkShop:** Participants explore the creative process through challenges such as painting on someone else's canvas, recreating images and using paint brushes in unexpected ways. The workshop closes by encouraging participants to consider the meaning of peace of mind and the ways we each find it. This wonderful new program for children ages 5 – 12 (with a parent) will be held on Friday, December 7<sup>th</sup> from 6:00 – 8:00pm at the Eastside Neighborhood Resource Center, 153 Spruce Street.

**Co-ed Indoor Soccer:** Manchester youth ages 5 – 8 will learn the basic skills of soccer as well as the concepts of teamwork and perseverance. Soccer will be held on Sunday afternoons at the Mahoney Rec Center starting January 20<sup>th</sup>.

*See Aquatics for swim lesson information.*

### **Special Events/Family Programming**

**\*TONIGHT\* Family Zumba:** Join us at Charter Oak Park on Friday, October 5<sup>th</sup> from 6:00 – 7:30pm for Zumba for the whole family!

**Family Chalk Night:** Create side walk chalk murals at Charter Oak Park on Friday, October 12<sup>th</sup> from 6:00 – 8:00pm!

**PumpkinFest:** Join us on Friday, October 19<sup>th</sup> from 6:00 – 8:00pm at Charter Oak Park for this Halloween themed evening of spooky fun! Kids can wear a costume for candy and free popcorn. There will be pumpkin painting and a viewing of It's the Great Pumpkin Charlie Brown (7pm).

**Yellow Bike Program / OurParks Gear and Bike Shop:** Have you heard about our new summer bike sharing program for Manchester residents? Bikes will be available Monday – Friday from 5:30 – 8:30pm at Charter Oak Park to residents with an active Recreation membership card. Riders under 18 years of age must have a consent and waiver form completed by a parent or guardian once per season. Come to the brand new OurParks Gear & Bike Shop (former warming hut) to check us out!

**Basketball Hall of Fame Clinic and Lunch:** Youth ages 7 – 12 will learn the skills of dribbling, shooting, passing, defense and rebounding from experienced co-ed high school and college basketball players through a series of skill stations. Register now for this exciting clinic that will take place at the Mahoney Recreation Center on Saturday, January 12<sup>th</sup> from 10:00am – 2:00pm. Be sure not to wait to register as this clinic is already more than half full!

**Office of Neighborhoods and Families Division**  
**153 Spruce Street, 860-647-3089**

**Gallery 153 Events**

**The Art of Food:** Come and enjoy food themed artwork made by local artists on Wednesday, October 17<sup>th</sup> from 4:00 – 7:00pm.

**Adult Learnshops**

**Harvest Arrangements:** How can we make displays with what's available? Let's try it on Wednesday, October 17<sup>th</sup> from 6:00 – 7:00pm at the Eastside Neighborhood Resource Center!

**DIY for a Sustainable Winter:** Plan ahead so you don't have to panic when bad weather strikes. Learn how to utilize food and supplies in your own home so you can just sit back and enjoy the storm. Join us at the Eastside Neighborhood Resource Center on Wednesday, October 23<sup>rd</sup> from 6:00 -8:00pm.

**Special Events/Family Programming**

**Spruce Street Market:** The market is back! Join us on Wednesdays from 4:00 – 7:00pm June 13 – October 17<sup>th</sup> for this community market dedicated to promoting locally made/grown products and neighborhood economic success. Fresh produce can be purchased using SNAP and the Connecticut Farmers Market Nutrition Programs (WIC and Senior).

**Youth Service Bureau Division**  
**63 Linden Street, 860-647-5213**

**Early Childhood Programming**

**Early Childhood Center:** Registration for fall Early Childhood programming at the Northwest Park Early Childhood Center has begun! Register for wonderful programming such as Cradle to Crayons and the Mommy & Me Playgroup!

**Partners in Play:** This program is designed to provide young children with the opportunity to discover learning through music, movement and arts & crafts. Children will experience socialization while parents or caregivers are present. Wonder Years (ages 1 – 2), Wee Two (ages 2 – 4) and Happy Together (ages 3 – 5) are all held at the Northwest Park Early Childhood Center during various weekday mornings.

**Mommy & Me Playgroup:** This program is for caretakers and their infants up to early walking age to socialize themselves as well as their babies in an unstructured playgroup atmosphere. Come when you can! A private changing and feeding room is available. Registration is not required, but please email Caitlin if you would like to join that week, or for the entire session, at [cmcnamara@manchesterct.gov](mailto:cmcnamara@manchesterct.gov). Playgroup will be held on Tuesdays from 3:00 – 4:30pm.

**Youth Programming**

**Teen Center:** The YSB Teen Center is open Monday – Friday from 2:30 – 5:30pm. Teens are asked to bring their recreation cards as they will now be swiped at the Teen Center. If your child does not have a recreation card, they can now obtain one right at the Teen Center!