

**TOWN OF MANCHESTER, CONNECTICUT  
ADVISORY RECREATION & PARK COMMISSION  
THURSDAY APRIL 18, 2018  
MINUTES**

**Meeting began at 6:06 p.m.**

**PRESENT:** Commissioners: Bob Kilpatrick, Bill Wooldridge, Kathy Reilly, Owen Carroll; Director: Chris Silver.

**COMMENTS:** There was a suspension of the rules to allow Kyle Shiel from the Town's Planning Department to present for Commission members a conceptual master plan for Center Springs Park. After the presentation and questions, a motion was made and seconded that the *Advisory Recreation and Park Commission endorses the conceptual master plan for Center Springs Park with the understanding that any future actions taken to realize this plan come again before the Commission for review.* The motion passed unanimously.

A second presentation to Commission members was then made by Gary Anderson, Town Director of Planning & Economic Development, along with Cheney Commission members Betty Kramer and Lynne Ferrigno on their proposal to name a portion of the "Great Lawn" on Hartford Rd. in memory of Vivian Ferguson. After their presentation and discussion, a motion was made and seconded that the *Advisory Recreation and Park Commission recommends to the Board of Directors that they endorse the Cheney Commission's proposal to honor the late Vivian Ferguson by naming/dedicating a portion of the "Great Lawn" in her memory.* The motion passed unanimously.

**MINUTES:**

The minutes for the March meeting were accepted unanimously.

**COMMUNICATIONS:** None.

**RECREATION REPORT:** See attached RECREATION REPORT

**PARKS REPORT:** See attached PARK REPORT

**OLD BUSINESS:** Director Silver reported that the naming of the West Side Pool in honor of Marcy McDonald is slated for June 27, 2018.

**NEW BUSINESS:** Discussion led by Director Silver on various park initiatives underway including a marketing campaign, a video highlighting our parks, and new programs and equipment slated for Charter Oak Park.

**Meeting Adjourned at 7:16 p.m.**

Respectfully Submitted,  
Bob Kilpatrick

## **Park Report**

**April 2018**

### Ball fields

-All soccer, baseball, softball are open, LL opening day this weekend (finishing work on minor fields). Issues with adult drop in soccer uses, added West Side field for them to help alleviate field/turf damage.

### Trees

-Tree trimming and cleanups in Parks as weather permits.  
-Working with Garden Club on Trotter Island (Weiss), installation of irrigation at Munro Park and we will be replacing Center Park curbs by flags/sign (corner of Center/Main)

### Charter Oak

-Chris working with Rotary regarding potential pavilion. Parks working with Rotary on installation of more bricks (as weather permits).

### Center Springs Park

-Working with contractor on Broad/CSP entrance trees that need replacement.

### Union – fitness trail

-Have layout and planting selections now, have cleaned/cleared brush, painted light poles (installing lights late Spring), will start trees, fitness pieces, path, pavers, shrubs/perennials .

### NAF

-Working with ONF staff in regards to expanding community garden (corn, sunflower)

### General

-turf repair, pruning, horticulture clean up

## Recreation Department Report

April 2018

### Aquatics

**Aqua Fitness:** Did you know that there are multiple different adult aquatic fitness classes taking place at the Manchester High School indoor pools? No matter your skill level or availability, you're bound to find the right class for you!

**Aqua Circuit:** This combination of cardio and strength training combines circuit training principles and the latest aquatic equipment with water based fitness. Progress through a series of stations for a total body workout! This program is held at the MHS IOH Pool on Tuesdays and Thursdays from 5:00 – 5:45pm. A new session began this week, so be sure to register soon!

**Total Aqua:** This class combines segments of cardio and strength training using training intervals and weight resistance tools. Total Aqua is designed for all fitness levels using equipment that helps result in a toned and functional body. This class covers strength, cardio, mobility, well enough to wear you out! This program is held at the MHS IOH Pool on Tuesdays and Thursdays from 4:00 – 4:45pm. A new session began this week, so be sure to register soon!

**Aqua Arthritis:** A unique recreational program for participants with arthritis or related diseases. This water class focuses on specific joint and muscle exercises that improve range of motion, strength and flexibility. This class aims to help people manage symptoms, maintain independence and enjoy life! Class is slower paced for those with arthritis, back issues, or injuries. Aqua Arthritis is held at the MHS IOH Pool on Mondays and Wednesdays from 3:00 – 3:45pm. A new session begins on April 16<sup>th</sup>, so be sure to register soon!

### Adult Programming

**Mid-Week Sweat:** A program that will impact all parts of the body. Learn and understand the importance of exercising while enjoying the outdoors. Push your body through medium to high exercise stations! Register today for this class being held at Center Springs on Wednesdays at 3:45pm from April 18 – June 20.

**Pickleball:** Register now for Pickleball which takes place at the Nathan Hale Activity Center, 160 Spruce Street. Pickleball is on Monday, Tuesday and Thursday nights from 6:00 – 8:00pm. Register today by visiting [reconline.townofmanchester.org](http://reconline.townofmanchester.org), or by calling 860-647-3084!

**Adult Fitness at Center Springs:** Register now for a great workout at the Center Springs Activity Room with classes such as Team Active, Walk Live, Team Fit After Work, and more!

**Adult Fitness at the Community Y Rec Center:** Register now for great classes at the Community Y Rec Center such as Tapercize, Yoga for Active Lifestyles, Strength for Life, Total Body Plus, or Barre!

*See Aquatics above for Adult Aquatic Fitness information.*

### Youth Programming

**3v3 Basketball Tournament:** Hope to see you all tonight from 6:00 – 9:00pm at the Bennet Leisure Center for our 3vs 3 basketball tournament! This tournament is for 11 – 14 year olds and 15 – 18 year olds and the entry fee is one canned good.

**Mural Madness:** Work closely with staff at the Bennet Leisure Center and local artist Jeff Slobodien to learn how to make a mural. Students will also participate in a local art show and create and install a mural in Manchester! Register now for this creative program that is held on Thursdays from 6:15 – 7:15pm!

**Bennet Leisure Center Clubs and Programs:** Bennet Leisure Center is a recreation center that provides programming for 6<sup>th</sup> graders, weekday evening drop-in recreation programs and family community events. Residents can also use this site to register for programs and obtain recreation passes. There is no fee, but Recreation cards are required. Come to 22 School Street Monday – Friday from 6:00 – 9:00pm to join in on fun programs such as Chess Club, Indoor Soccer, Dodgeball, Flag Football, Creative Arts and our Game Activity Club!

**Nathan Hale Drop In Rec:** Drop-in basketball, board games, active games, arts & crafts and more have started at the Nathan Hale Activity Center, 160 Spruce Street, for children ages 5 – 18. There is no fee, but Recreation cards are

required. Come join us on Saturdays from 12:00 – 5:00pm!

*See Aquatics above for information on swimming lessons.*

### **Free Family Fun Nights**

**Moon Bounce Mania:** Bounce, Climb, Run and Dance! There will be a variety of obstacle courses and moon bounces to play on, so come get some great exercise and have tons of fun. We will also have music and an ice cream social. Event will be conducted outdoors if weather permits, but will still be held indoors if it rains. Join us on Friday, April 20 from 6:30 – 8:30pm at the Nathan Hale Activity Center.

### **Membership & Registration**

**Membership:** The new membership year began September 1<sup>st</sup> and with it came our exciting new card system! Now youth, adults and seniors of Manchester can choose between a wallet sized card, or key chain sized cards, which will be renewed year to year instead of printing new cards every year. Membership cards can be obtained at the Center Springs Main Office, Community Y Rec Center and Customer Service at Town Hall. Senior cards can also be purchased at the Senior Center. Please note that youth cards can no longer be processed at the libraries. Proof of residency is required each year when obtaining your card to verify current resident status. Membership cards are valid at all of our rec centers, indoor and outdoor pools, as well as the Fitness Center at the Community Y Rec Center. Come visit us today!

**Program Registration:** Please note that summer program (June - August) registration will be on Wednesday, May 16<sup>th</sup> for residents and Friday, May 18<sup>th</sup> for non-residents! Registration can be done online, in person, or over the phone. Payment, when applicable, is due at the time of registration; online and phone registration can be processed using Visa or MasterCard. Our full winter/spring program brochure is available online at [recreation.townofmanchester.org](http://recreation.townofmanchester.org) by clicking the Brochures link!